




Colonial Heights Public Schools High School Lunch Menu



September 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3 Ultimate Chicken Sandwich Lettuce & Tomato Dill Pickles Sweet Potato Fries	4 Spaghetti & Meaty Marinara Green Beans Garlic Toast Fruit Salad	5 Oven Fried Pork Chop Gravy Mashed Potatoes Homestyle Greens Fresh Baked Roll	6 Cherry Blossom Chicken Japanese Style Chicken Asian Style Rice Ginger Glazed Carrots
9 Salisbury Steak Gravy Brown Rice Seasoned Corn Fresh Baked Roll	10 Pork BBQ Sandwich Creamy Cole Slaw Linda's Mac & Cheese Sweet Potato Fries	11 Chicken Parmesan Angel Hair Pasta W/ Marinara Sauce Garlic Toast	12 Country Chicken Bowl Breaded Chicken Mashed Potatoes Corn Biscuit	13 Loaded Baked Potato Baked Russet Potato Chili, Cheese, Sour Cream Steamed Broccoli
16 French Toast Sticks & Sausage Patties Hash Browns Seasoned Corn Cinnamon Apples	17 Ultimate Chicken Sandwich Lettuce & Tomato Dill Pickles Sweet Potato Fries	18 Spaghetti & Meaty Marinara Green Beans Garlic Toast Fruit Salad	19 Oven Fried Pork Chop Gravy Mashed Potatoes Homestyle Greens Fresh Baked Roll	20 Cherry Blossom Chicken Japanese Style Chicken Asian Style Rice Ginger Glazed Carrots
23 Salisbury Steak Gravy Brown Rice Seasoned Corn Fresh Baked Roll	24 Pork BBQ Sandwich Creamy Cole Slaw Linda's Mac & Cheese Sweet Potato Fries	25 Chicken Parmesan Angel Hair Pasta W/ Marinara Sauce Garlic Toast	26 Country Chicken Bowl Breaded Chicken Mashed Potatoes Corn Biscuit	27 Loaded Baked Potato Baked Russet Potato Chili, Cheese, Sour Cream Steamed Broccoli

Apply Online Every School Year for Free and Reduced Benefits:

<http://colonialhtsva.school lunchapp.com>



Available Daily

Fresh Made Salads and Sandwiches w/ your favorite cheeses and toppings. House-made Pizzas.

Grab & Go Grill: Cheeseburger, Spicy Chicken Sandwich, Stuffed Cheese Sticks w/ Marinara Dipping Sauce

Beverages: 1% White Milk, Fat Free Chocolate Milk, Assorted 100% Juices, Filtered Water.

Lunch Prices

\$2.90 Full Price, \$.40 Reduced Price

"This Institution is an Equal Opportunity



School Lunch App
Online Free and Reduced Application