



Colonial Heights Public Schools High School Lunch Menu



January 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 Lasagna Roll ups Garlic Texas Toast Green Beans	9 Pork BBQ Sandwich Coleslaw Linda's Mac & Cheese	10 BBQ Roasted Chicken Braised Kale Whipped Potatoes Dinner Roll	11 Cajun Chicken Alfredo Pasta Garden Salad Garlic Bread Fruit Salad	12 Pork Carnitas Black Beans & Corn Fiesta Rice
1 	16 Nacho Salad Bar Ground Beef & Toppings Charro Beans	17 Breaded Pork Chop Cornbread Stuffing Green Beans Fried Cinnamon Apples	18 Salisbury Steak Roasted Red Potatoes Green Peas Dinner Roll	19 Country Chicken Bowl Whipped Potatoes Steamed Broccoli
22 General Tso's Chicken Asian Rice Broccoli & Carrots	23 Pork BBQ Sandwich Coleslaw Linda's Mac & Cheese	24 Spaghetti w/ Meat Sauce Corn on the Cob Garlic Bread Fruit Salad	25 Cajun Chicken Alfredo Pasta Garden Salad Garlic Bread Fruit Salad	26 No Hot Lunch Early Release
29 No School Staff Work Day	30 Nacho Salad Bar Ground Beef & Toppings Charro Beans	31 Breaded Pork Chop Cornbread Stuffing Green Beans Fried Cinnamon Apples	1 Salisbury Steak Roasted Red Potatoes Green Peas Dinner Roll	2 Country Chicken Bowl Whipped Potatoes Steamed Broccoli



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www.myschoolbucks.com

Available Daily

Build your own sandwich or wrap, have it toasted, grilled and topped w/ your favorite cheese and veggies.

House-made Pizzas: Pepperoni & Cheese

Grab & Go Grill: Cheeseburger, Specialty Salads and Sandwiches, Spicy Chicken Sandwich, Stuffed Pizza Sticks, Corn Dog Nuggets.

Chilled Sides: Fresh Carrots, Romaine Lettuce, Assorted Whole Fruit, Assorted Raw Veggie Cups.

Beverages: 1% White Milk, Fat Free Chocolate Milk, Assorted 100% Juices, Filtered Water, Soft Drinks.

Lunch Prices

\$2.65 Full Price, \$.40 Reduced Price

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