

October 2023

Colonial Courier

Colonial Heights High School

Photo courtesy of OpticsMedia, Slade Jackson



Seniors Hope Molina and Lashawn Spencer were crowned Homecoming Queen and King on Friday, Oct. 13. Spencer was crowned at the pep rally during fourth block, and Molina was crowned during halftime of the varsity football game. Lillian Zervakis was named first runner-up, and both Catherine Alderson and Kennedy Saunders were named second runners-up. To complete the Homecoming Court, the following students served as Class Princesses: Ava Reed-Amick, 9; Heidi Vasquez, 10; and Kayla Buffalow, 11.



Colonial Courier

Colonial Heights High School

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Homecoming Spirit Week



Students, staff endure last phases of construction

by Landon Lopez

Distractions whilst learning and/or working aren't exactly what you look forward to when you go to school. Trying to focus with several different noises can be difficult, but those loud noises will be worth it in the end.

Construction has been going on since the second semester of last school year. The hard work and effort has been fused into the soon-to-be-finished fine arts wing and a renovated front hallway. Causing many challenges for the school, construction has also been in session whilst school is active.

These challenges have forged a partnership and teamwork between the students and staff.

"I think that students and staff are doing the best they can each day to navigate construction during the school day," said Mr. James Burnett, assistant principal.

"Everyone is working as hard as possible to work

through noises, class relocations, five lunches, leaving for the tech center early, etc."

Even though this ongoing construction has caused some distractions for both the students and staff, the cooperation and opportunity to grow has inspired everyone throughout the community.

A few teachers have been selected to move into other classrooms/locations due to the construction. Although

their space may be smaller, and the relocation of their classroom supplies might've not been the easiest, they have persevered through the change and look at it as a way to grow their teaching whilst providing support to both their students and coworkers.

"I am so excited that this is happening and am eagerly anticipating moving into the new space, as are my colleagues," said Mrs. Lesly McBride, art teacher. "I have moved three times so far, and

Photo by Ava Kwiek



The new fine arts wing will house chorus, band, theater, art and health classes. Currently these classes are being held in various locations in the main building and in the tech center. The teachers are looking forward to being reunited as a department when this new addition opens.

although very labor intensive and tedious, knowing what's going to be the end result has helped tremendously."

The new fine arts wing will add much needed improvement to this school. The improvements of the exterior of the new area motivates both displaced students and teachers/staff to work their hardest with what they have.

The main migration for the main building of the school has been the office, which was originally located at the very front of the school but has now made its way to the cafeteria. The new name that has been conjured up by the staff is the "Cafetoffice."

Due to the relocation of main and counseling offices, the cafeteria has been split into cubicles on the junior/senior side to house the office staff. With the loss of half of the cafeteria, a few new features have been added to the lunch schedule: a fifth lunch, the ability for seniors to eat outside and in

the library and easier access for the staff to monitor the students.

"Lunch has been going well. We gave seniors the opportunity to eat lunch in the library each day, and many are enjoying that privilege," said Mr. Burnett. "The addition of a fifth lunch has given students room in each lunch where they don't feel that they are on top of each other. We are making the best of the office area each day."

Although the fifth lunch has altered the amount of time in school and all classes overall, it provides enough time and space for students to enjoy their food and hang out with their friends. Some office staff now occupy a lot more space than they did originally and can access other staff members much more easily.

"My cubicle is actually bigger than my previous office was, and I am comfortable with the setup now," said Ms. Deona Guy, counselor. "The hardest thing

for me has been the lack of privacy, but the students understand and have been working accordingly."

Of course, the construction noise might throw off students in class or make it difficult at times to learn, but the end goal is how awesome a new addition with additional classrooms will be for both the students and teachers.

Some electives have managed in smaller spaces, but the additions and improvements to the building will really open everyone's eyes to new opportunities and improve the learning environments for everyone.

"I appreciate everyone being patient and working with us through construction. The end result is going to be worth it for our students," said Mr. Burnett. "Our students deserve the fine arts wing addition and remodeling of the front of the school building."

New leadership opportunities arise with Chick-fil-A Leader Academy

by Noah Patsel and Anylah Thompson

Becoming a leader in the community is important, so you can provide guidance and motivation, not just when achieving your own goals, but helping others reach their goals, as well. That is what Chick-fil-A Leader Academy co-sponsors, Mrs. Darby Wheeler, counselor, and Mrs. Tara Seely, counselor, are trying to accomplish.

The Chick-fil-A Leader Academy is a new organization that provides a way for sophomores to get involved with helping the community

“Everything that surrounds this group is based on giving back or just helping the community,” said Mrs. Seely. “There's community

involvement tying it to the school community. Everything about it just feels very positive and motivational.”

The academy's sole purpose is to focus on the future of the nation and develop leaders for the upcoming years.

For their first project, members in the program packed up books with motivational quotes to deliver to the students in the elementary schools.

“They are promoting building good leaders,” said Mrs. Wheeler. “It is not about having leadership now. It's about creating good, strong leaders.”

Chick-fil-A sponsors the program by providing most of the instruction that goes into the program. The videos that

Photo by Whitnie Hoyle



Mrs. Seely and Mrs. Wheeler help to bring up students as leaders through the Leadership Academy .

are shown to students are provided by Chick-fil-A. The company also provides some free meals to students who participate.

Students who joined the program are encouraged to show the leadership skills they have learned.

“Chick-fil-A, being my favorite fast food place, made me want to join this program more,” said Rosalina Castillo Travez, 10. “I think just having people I'm comfortable with in the program and trying something new made me more excited about joining.”



Dual enrollment offers new credit opportunities

by A.J. Plummer and Eme Trusty

Dual enrollment classes are courses taken in high school that provide the opportunity for students to earn college credits. Some of the DE classes offered are public speaking, American history and Spanish 4.

“My class is to help students gather their skills for speaking in front of audiences, and like other dual enrollment classes, you will get a taste of what a college course is like,” said Mr. Andrew Bryce, public speaking teacher.

“Taking a college course in high school can help get it out of the way so that students don’t have to do it later if they ever go to college,” said Mr. Bryce.

Mr. Bryce encourages his students to practice all the time to perfect their speeches and improve their grades.

“Practice makes perfect is wrong; perfect practice makes perfect,” said Mr. Bryce.

Photo by Eme Trusty



Ms. Warwick is a new DE teacher that has come to Colonial Heights. She encourages students to take a DE class if they want to get ahead in college credits.

Ms. Sarah Warwick, DE American History teacher, is one of the new DE teachers. Ms. Warwick also teaches AP Western European and Ancient History. Her goal for these classes is to help with critical thinking and for her students to have a better historical argument.

“This is a great class to take if they are hoping to get ahead of college,” said Ms. Warwick.

Ms. Warwick would like to attract students who are “motivated and ready to take on a challenge.”

“It is a college course, so they will have to work hard,” said Ms. Warwick.

Mrs. Paola Jones teaches the new DE Spanish 4 class. In addition to providing college credits, this class allows students the opportunity to feel more comfortable speaking the Spanish language.

Mrs. Jones plans to take her DE students to a museum to see the works of Pablo Picasso and learn more about him.

The benefits of taking the



DE classes require students to challenge themselves to take on a college-level class to earn both high school and college credits.

DE courses are something for students to consider while choosing their classes for next year.

The purpose of the public speaking course is to get better at public speaking as it doesn't come naturally to many people. Students can improve in taking constructive criticism from others and taking on

challenges.

The benefits of taking the American history class are being able to use one's critical thinking better and make a historical argument.

While taking Spanish 4, students will become more educated in the culture and literature of the Spanish language.

Mr. Mike Nelson, principal, said that it is important to take a DE because it is a challenge for the students and trains them to be active learners; however, he cannot choose a favorite.

"I can't choose, and they are good and will help you improve and learn," said Mr. Nelson. "They also count as a college credit, and they probably help your writing skills."

Mr. Nelson has taught an AP class but has not taught a DE class.

"Students definitely should take a DE class because it gives them a high school credit and college, as well," said Mr. Nelson. "It is pushed for a student to take a DE class because it makes them a better student and gives them more of a challenge."

Bennett named first Senior of the Month

by Logan Coker and Carleigh Harrison

Imagine your guidance counselor emailed you in the middle of summer break and asked you to come to the high school with no questions asked. This was reality for Bracie Bennett, 12.

"I was terrified," said Bennett. "What did I do?"

When Bennett arrived, she found out she was called in for exciting news: she had been named the August Senior of the Month.

"I was very shocked," said Bennett. "I never thought I would get that."

Bennett has been working with Ms. Kristin Crowder, gifted resources coordinator, to help rebrand and rebuild a dying club called CADRE.

"She's the beginning/rebirth of the club," said Ms. Crowder.

The club's brand new name is IMPACT. Both Bennett and Ms. Crowder have high hopes for this club's success.

Bennett is also very

involved in art. She has been in art all four years of high school, even through a global pandemic.

"It was very hard to push through," said Bennett. "During this time, I realized how important it was to do work on my own time."

Photo courtesy of Bracie Bennett



Bennett plans to attend VCU, where she will study radiation therapy.

Mr. Mickey Alderson, art teacher, helped her get through the tough times.

"She is self-motivated with high expectations for her work," said Alderson. "Bracie is a team player and isn't afraid to pitch in and help when it is needed."

Bennett plans to attend VCU

and major in clinical radiation sciences.

"VCU is the only school in Virginia that has radiation therapy programs," said Bennett. "It is a very good school that fits my personality perfectly."

"I did like the idea of being an ultrasound technician," said Bennett. "I think radiation therapy helps more people more than an ultrasound does, and I like that aspect of it."

Ms. Crowder described Bennett as a "kind, sweet, fun, free-spirited young lady."

"What I want people to get from Bracie is that she treats everybody the way she would want to be treated," said Ms. Crowder. "She is just so sweet and gracious and never lets anyone feel less about themselves."

"She's a breath of fresh air and always has a smile on her face," said Ms. Crowder.

Alderson excels in sports, academics

by Madelyn Elmore and Ashy Pillai

Walking down to the “Cafetoffice,” Catherine Alderson, 12, was filled with nervousness after being asked to go see Mr. Mike Nelson, principal, for an

Photo courtesy of Catherine Alderson



Alderson is the September Senior of the Month. She has a wide participation in sports like cross country, track and softball. She also participates in a various amount of honor societies and clubs, as well.

unspecified reason.

“I was freaking out because I had never gotten called down to the principal's office, but then he told me the good news,” said Alderson.

Participating in numerous national honors societies,

clubs and sports, Alderson brings her motivated efforts everywhere she goes; those efforts earned her the title of the September Senior of the Month.

One of the activities that Alderson has been an active member of is sports.

Alderson has won MVP in cross country and has gone to states for the last three years. She hopes to make it to states again.

“She is a co-captain and one of our top finishers,” said Mr. Mickey Alderson, cross country coach and Catherine Alderson’s father. “Catherine has speed and endurance. She shows up every day and does her job.”

If Alderson chooses to continue a sport during her college years, she plans on joining club cross country. In addition to cross country, she has also participated in track during her underclassman years and softball for the last four years. She’s won first-team, second-team and third-team all-region

throughout her high school career.

“Catherine is dedicated, she’s hard-working, she’s a team player, she brings a lot of compassion to the girls, and she brings them together,” said Mrs. Nici Duncan, former assistant softball coach. “She also has the Colonial spirit.”

According to a softball teammate, Alderson is a great teammate who motivates her team and provides them support with her enthusiasm. Along with that, she makes sure that everyone feels included and welcome whenever she is around.

“She’s great. She’s very open, honest and kind. She’s a great team player. She’s always there whenever you need her,” said Arianna Crook, 12. “One of Catherine’s strengths is the way she sees everybody. She doesn’t judge anybody; she doesn’t judge them by their cover.”

Adding to Alderson’s abundance of involvement as a student and athlete, her personality and spirit really set her aside from the rest,

according to her former Spanish teacher.

“My favorite class quality about Catherine Alderson is her overwhelming positivity and brightness that she brings to any room she is in and just in the hallways,” said Mrs. Katherine Rudolph, Spanish teacher.

Alderson and Mrs. Rudolph have a close teacher-student relationship and have nothing but positive things to say about each other.

“I love Mrs. Rudolph; she’s the best,” said Alderson. “She’s one of the many teachers in this school that I feel comfortable enough to go to if I ever need anything. I

feel like I can tell her anything, and I’m lucky to have a relationship like that with a teacher.”

Mrs. Rudolph speaks very highly about Catherine and her ability to live in and savor the moment.

“I think that she’s looking toward her future, but she’s also appreciating the moment, and I think that oftentimes you don’t see that in young people, but I appreciate it because you’re only young once,” said Mrs. Rudolph.

Like any other high schooler, Alderson faces challenges even in her success.

Photo courtesy of Catherine Alderson



Alderson has been named the "Most Spirited" two times for her outstanding Homecoming Spirit Week outfits.



After high school, Alderson plans on attending a four-year college, hopefully Christopher Newport University.

"I've taken a lot of hard honors and dual enrollment classes, but my teachers have helped me to succeed and prepare me for my future," said Alderson.

Along with challenges in high school, Alderson has mixed feelings about graduating. She plans on going to a four-year college and becoming an elementary school teacher. Although she

is excited to be in a new environment, she is still nervous about leaving Colonial Heights and not having a family member that is available for her at school.

Despite all her challenges, Alderson appreciates the highlights of high school. She shows her Colonial spirit and urges other students to do the same.

"Enjoy high school while you can because it goes by very quickly," said Alderson. "I'll miss participating in spirit weeks and seeing my friends and teachers every day."

According to Mrs. Rudolph, Alderson embodies the image of an involved and compassionate Colonial. She treats other kindly and possesses the characteristics of an involved student. Making her parents and teachers proud, Alderson has accomplished her main goal.

"She embodies everything a Colonial should be," said Mrs. Rudolph. "I think that her kindness, her academics, her extracurriculars, her respect for teachers, her appreciation for being here and what the school offers, she sees the value that they bring to this school as well as to her."

Hogan takes an adventure across the world

by Heather Claytor

Flying all the way to Niger, Africa, from Washington, D.C., Ms. Grace Hogan, English 9

Photo courtesy of Grace Hogan



During Ms. Hogan's trip, to Africa, the most beautiful place she explored was a desert where they rode camels.

teacher, expanded her horizons to a new cultural environment. Along the way, she went through unexpected, frightening experiences that weren't a part of her itinerary.

On July 18, Ms. Hogan, along with 29 others, traveled on a mission trip to Niger, Africa.

"My uncle took me on this

trip; he had taken my mother, aunt and cousins in the past," said Ms. Hogan. "I just kind of wanted to experience what

my family had experienced."

This mission trip involves working with children. The organization that goes on this trip serves the children food, plans fun activities for them and spreads the word of God. Since Ms. Hogan is a teacher, the organization thought it would be a great idea for her to tag along.

After arriving, they spent

their first morning at the LINK Outreach Center (LOC). They ate breakfast together while their devotional leader reminded them how they see people in the Bible pray. During this trip, each day they prayed, learned and reminded each other about trusting in God.

In between breakfast, lunch and dinner breaks, the kids loved to play frisbee, soccer, football and dance. Despite how hot each day was, the kids always had a smile growing from ear-to-ear. Seeing those big smiles on their faces is what inspired Ms. Hogan and the rest of her group throughout this journey.

"We felt the warmth of their welcome and admired how well they took care of each other," said Ms. Hogan.

On the second day of her trip, she and the team headed out for a children's hospital in the midst of a torrential downpour. Their

vans had to travel on many muddy streets and go by rivers. Soon after they made their way into the hospital, they gathered in a room with a large group of moms who accompanied their children who were receiving free treatment for severe burns, broken and distorted limbs, tumors and many other serious ailments.

“Their great need and pain were staggering, but their defiant smiles inspired us, and we held and danced with them, colored with them and their moms and shared the good news of God’s enduring promises,” said Ms. Hogan. “Several hours passed rapidly, and we left too quickly with memories that will long remain with us.”

Photo courtesy of Grace Hogan



Shaking hands was the most important aspect that helped the children introduce themselves without speaking.

Photo courtesy of Grace Hogan



Dancing was one of the main activities everyone did together. This was a great way for the Americans to connect with the Nigerians.

Through every event and activity they did, they felt love through the air. Children would always chat, dance and exchange both hugs and smiles.

Most days they would end with an amazing dinner and a rooftop worship. Each day they would share something different. Some days they would share the varied way that God was speaking to them during their amazing days. Other days, they would share their perspective and understanding of how the Holy Spirit was leading and shaping their lives.

“We celebrated with the angels by continuing our worship through a song and a dance, eating together as a group and reflecting on our amazing day by sharing on the rooftop,” said Ms. Hogan.

Since Niger is across the world, there are many different cultural differences between Americans and Nigerians. Some differences include language, hand shaking and daily activities.

“When you shake someone’s hand, they almost hold it for an uncomfortable amount of time,” said Ms. Hogan.

On July 27, the day before the team was supposed to leave, a wild turn of events happened in Niger.

“While I was there, there was a coup, which is a military takeover,” said Ms. Hogan. “I had to stay there for an extended amount of time because the president was taken over. I smelled fire. I was right near the embassy where they were trying to set it on fire.”

From July 27 to August 3, Ms. Hogan and the rest of her team had to stay in their compound and were unable to fly home due to a military takeover that took place in Niger. They gathered more than ever during this difficult and confusing time. Spending more time and getting to know all the families is what made it all worth it to them.

The unknown was scattered throughout Ms. Hogan’s mind, not feeling fearful, but in the state of not knowing what was going to happen, Ms. Hogan tried her best to hold her spirits high.

Back at home, many friends and families were worried

Photo courtesy of Grace Hogan



During each activity they did together, the big smiles from ear-to-ear made anything they did worth it to Americans. Ms. Hogan and her group always felt a warm welcome from their smiles.

about their loved ones stuck in Africa. The cell service where they stayed wasn't great, so at times it was hard to communicate.

“I tried to talk about other things unrelated to the trip,” said Mrs. Casey Crow, English

teacher, who communicated regularly with Ms. Hogan. “We talked about what we usually do - shoes, clothes, things we bought. I had just gotten back from NYC, so I was telling her about that. We talked about pop culture and her family.”

Photo courtesy of Grace Hogan



Ms. Hogan and her group helped pass out food every day for breakfast, lunch and dinner.

During the lockdown, events and activities were still going on throughout their day. One day, they all went to the LOC courtyard to make handprint t-shirts with the LOC staff. They all enjoyed this relaxing time of personal expression and mutual encouragement.

“The creativity of this group -- about as diverse as you can possibly imagine -- is an amazing reminder that all human beings are made in the image of a creative Creator who is always doing new things,” said Ms. Hogan.

Throughout this journey Ms. Hogan has formed relationships with kids and their families. She has been

given the opportunity of a lifetime to help serve these kids food and share with them the words of the gospel and how powerful God truly is.

“My favorite part was the kids. Like I said, they were just so happy,” said Ms. Hogan. “I mean here, if you saw a

Photo courtesy of Grace Hogan



Ms. Hogan, along with her group, helped kids get the hospital care they needed.

naked kid, you’d be like ‘Oh my, why are you naked?’ and you know there they are just these huge white teeth smiling at you and so happy.”

The travel home for these 30 people was hard, but during this trip they all remained in good spirits and were looking forward to being reunited with their families and friends.

“It has taken me a while to separate the actual mission and what happened afterwards, but I am still glad I went, and I would recommend it to anyone willing to do something like that,” said Ms. Hogan. “It was so life changing, and I will never be the same.”

Teachers create new, interesting hall passes

by Allyson Cobb

A cowboy hat, an old telephone, a duck named Quackie Chan and a rubber boot. Ever since the new Smart Pass system has been implemented, teachers have

found creative ways to embrace this new change.

While some teachers use the silly passes as a joke, Mr. Andrew Bryce, Drama 1-2 and DE Public Speaking teacher, uses the passes to discourage

students from going to the bathroom so often.

"I wanted something that would discourage bathroom use," said Mr. Bryce. "No one wants to carry a old telephone around."

Not only does Mr. Bryce have an old telephone, but also he has a decorated cowboy hat he uses as a restroom pass.

"It was a prop we had in the auditorium," said Mr. Bryce. "I used the hat because, 'why not?' It's stylish."

The *Colonial Courier* staff sent out a survey to see which hall pass was the most liked.

Mrs. Moody's, English 9 and journalism teacher, rubber duck, Quackie Chan, is the most popular among the CHHS students.

"I love Quackie Chan," said Emma Branderberry, 9. "He's so cute."

These new hall passes became a thing when the administration implemented

Photo by Terri Moody



Emma Brandeberry, 9, uses Quackie Chan, Mrs. Moody's hall pass, to leave the classroom. With the implementation of Smart Pass, some teachers are using silly or creative items to show that students have permission to be in the hallways.

a new system called Smart Pass.

“For one, we’re trying to be more efficient,” said Mr. James Burnett, assistant principal. “And two, it helps monitor the hallways.”

Mr. Burnett loves the new, creative hall passes. He

enjoys that the teachers are trying to make it more fun for the students.

“I think that they're trying to make the best out of it,” said Mr. Burnett. “Teachers try to have fun.”

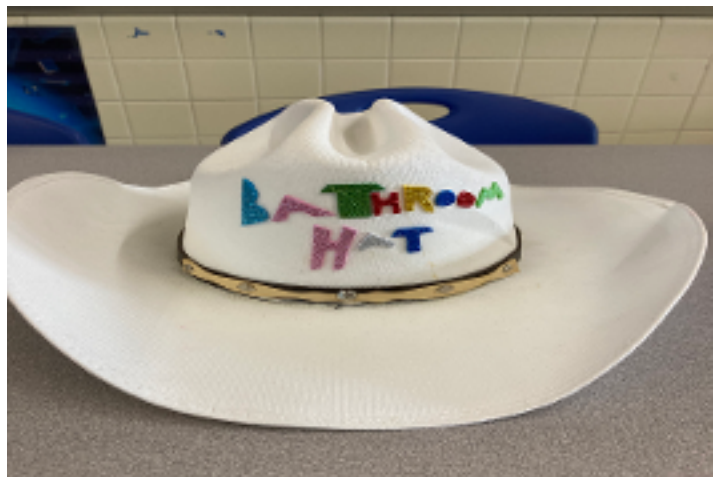
He enjoys it, too. Out of the many hall passes, his favorite

is the rubber boot Mrs. Lori McDonald, biology teacher, has in her class.

“I think the boot is pretty funny,” said Mr. Burnett. “It makes me laugh, and I enjoy it. I laugh at all of the new passes.”



Photos by Allyson Cobb



Davis revives Spotlight literary magazine

by Shamaya Desmore, Hope Eastwood and Khoi White

During the course of the school day, students aren't given many chances to express their creativity. The Spotlight Magazine is a literary and creative arts magazine, a journal of student writing, photography and art, that allows students this opportunity.

In this club, members are going to be working with items like art being written, sculpted or created with clay and yarn.

Now that this magazine has been revived, students are able to participate in a club that gives students the possibility to share their talents and strengths.

"One of my main goals is for the students who are a part of Spotlight to participate in a club that allows them to be creative and artistic," said Mrs. Sara Davis, English 10 teacher and sponsor of the Spotlight. "It also gives them the opportunity to critique, analyze and offer feedback to

their peers."

Originally, Spotlight, which was reintroduced this year, would produce one magazine per year, but this year they're adding more issues.

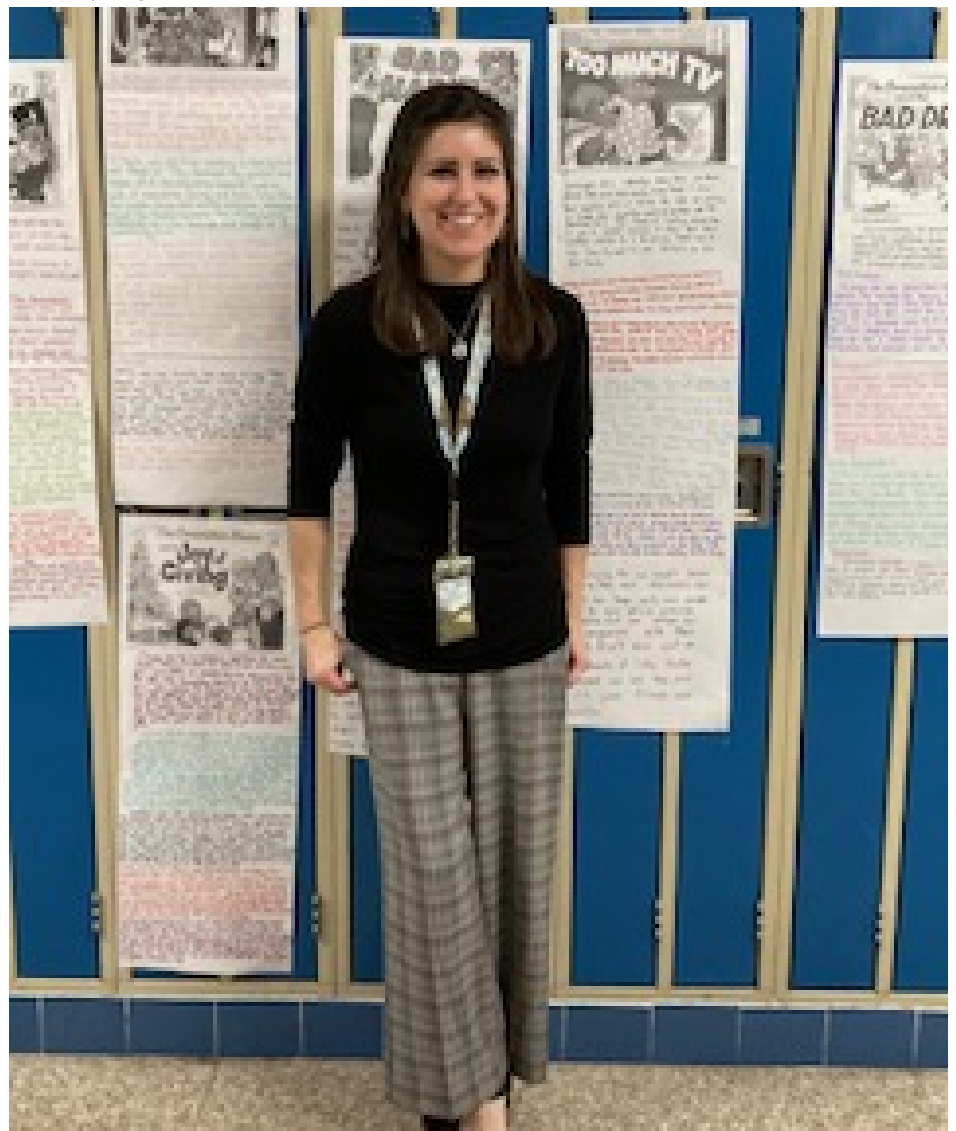
"We're adding one more publication each quarter,"

said Mrs. Davis.

For the magazine, students may write original pieces like short stories, memoirs, creative nonfiction, poetry, flash fiction and rap slam poetry.

"I've always been into

Photo by Hope Eastwood



Mrs. Davis hopes that the Spotlight Club will allow students to express their creativity in a way that they don't get to during a regular school day.

making art and photography,” said Kaylee Gilmore, 11. “When I was younger, I did photography and art with my dad, so I’ve always liked doing them.”

Gilmore likes being creative and wants to help other people be creative. She also has a goal to submit photography of her own into the contest.

“I want to put picture

submissions, which will help with the contests,” said Gilmore.

Along with Gilmore, Nic Colletti, 11, plays an important role in the literary magazine.

“My role is to read over the poetry and make sure it’s good to submit,” said Colletti.

The club members will work together to finalize the magazine and all the art that

goes with it.

“The club members review and judge the contest submissions,” said Gilmore. “I help choose the photography contests that would go out.

The club wants to give people the chance to open up their creative skills.

“I’d love for all of our students to creatively shine,” said Mrs. Davis.

Photo by Hope Eastwood



After several years, the Spotlight Club has been reintroduced and will produce more than just one issue during the school year. Students can send in submissions of their writing and artwork for a chance to be featured in the magazine's issues.

Bradshaw comes out of retirement to teach again

by Whitnie Hoyle

Photo by Shamaya Desmore



Mrs. Bradshaw first came to CHHS to be a long-term substitute for Mrs. Rudolph.

After 36 years of teaching and being in retirement for seven years, Mrs. Kandie Bradshaw returns to CHHS to serve as the French teacher.

Mrs. Bradshaw grew up in Winston-Salem, N.C., where she went on to study at University of North Carolina. She majored in French education and received the opportunity to study abroad during her junior year of college. She studied at the University of Montpellier in France for about nine months.

"I always knew I wanted to

be a teacher because I worked with kids," said Mrs. Bradshaw. "I didn't know I would be a French teacher, though."

Following her time at UM, she began working as an au pair with a family in Paris. After returning to America, she began her first teaching job in South Hampton County. She spent 10 years at South Hampton before moving to Henry County for about six years and then finally Prince George for 20. While teaching at Prince George, Mrs. Bradshaw taught under the supervision of Mr. Mike Nelson, CHHS principal, who formerly worked for PGHS.

Mrs. Bradshaw had been in retirement for seven years until several months ago when Mr. Nelson reached out to her to serve as Mrs. Katherine Rudolph's long-term substitute.

CHHS was in need of a new French teacher for the 2023-24 school year. After

enjoying Mrs. Bradshaw as a long-term substitute, Mr. Nelson asked Mrs. Bradshaw if she'd be willing to return full time to be the French teacher.

"We are very happy to have her here with us and hope she stays," said Mrs. Rudolph. "We really appreciate her coming out of retirement to help us out."

Mrs. Bradshaw has such a love for teaching that is shown to her students through her teaching style.

"I like that she tells us a lot of her own personal stories and experiences during her time at different schools," said Hazel Bittenbender, 11.

With the many years of teaching experience underneath under her belt, Mrs. Bradshaw prioritizes her relationships with her students and loves to see their success.

"I am truly my students' cheerleader to get them from point A to point B," said Mrs. Bradshaw. "I am willing to

Photo courtesy of Kandie Bradshaw



Mrs. Bradshaw enjoys spending her free time outside of school with her grandchildren.

help in any way I can, provided they meet me halfway.”

Ivana Torres, 10, believes that Mrs. Bradshaw truly takes the time to get every student to understand the work.

“My goal for my classes is

to really help them improve their French and help them communicate,” said Mrs. Bradshaw.

Mrs. Bradshaw keeps busy outside of school by spending time with her grandchildren and traveling. She finds inspiration in her father who

was born in 1920 and never complained, regardless of the hard work he did.

“My father believed that everyone was someone worth getting to know,” said Mrs. Bradshaw. “He always saw the good in everyone.”

Similar to her father, Mrs. Bradshaw works hard while instructing her students and striving for their success.

“When you’ve made a difference and you’ve helped a student, you feel like you’ve won the lottery,” said Mrs. Bradshaw.

Mrs. Rudolph has noticed the positivity that Mrs. Bradshaw passes on to her students.

“She’s fun, understanding, kind and truly cares about her students,” said Mrs. Rudolph. “She is always willing to help a friend and even to help a complete stranger; I think that’s something kids can appreciate.”

Henry leads team to almost perfect season

by Catherine Alderson
“We don’t look past competition, but sometimes we do look through some to put a little more emphasis on what’s ahead,” said Coach Toni Martin, girls’ volleyball coach.

The girls' volleyball team ended its regular season on Oct. 24 with a record of 19-1, with their only loss being to Dinwiddie.

Coach Martin has been coaching the girls' volleyball team for 22 years. Out of all of the teams that she has coached in the past, this season's team is the closest, not only on the court, but outside of volleyball, too.

“They are together on the court, of course, but in classes and extracurriculars and clubs and after school and on weekends and go to Homecoming together,” said Coach Martin. “They are really pretty close, all-around.”

Working together as a team is a key factor that is

contributing to the team’s success this season. Coach Martin also believes that another factor contributing to

quickly, learning to serve through simply just words alone. Henry was inspired to play after watching an anime

Photo courtesy of Toni Martin



After earning a successful regular season record of 19-1, the team's goal is to make it to regional playoffs and states.

their success is the experience that the players have outside of school volleyball. They have an “old” team of four seniors and seven juniors, and most of them play for club teams.

Despite only having been playing volleyball for three years, Kristina Henry, 12, is one of the standouts on the team. She has been able to learn the concept of the game

show called, “Haikyuu!!”

“The friendship and dynamic of the team on ‘Haikyuu!!’ inspired me, and I wanted something like that for my own self,” said Henry.

Henry is an outside hitter for the girls’ volleyball team. She is also a member of the girls’ varsity basketball team. Henry has used her athleticism from other sports

to become the volleyball player that she is today. In her sophomore year, she won the Most Improved Award for volleyball.

“Kristina Henry is not just a ‘volleyball player’...she is an

athlete,” said Coach Martin. “We love having her around...she’s a lot of the life that we have...and she gives us a major spark to our offense.”

Henry believes that her

strength, jumping ability, intelligence and mental composure are just a few of the strengths that make her a great athlete.

Henry’s teammates describe her as “fun, encouraging, energetic and competitive.”

Henry and her teammates, Rylei Buck, 12, and Alondra Sanjurjo Mercado, 12, agree that their favorite memory of playing together was when Henry got her first kill.

“Kriss is the glue that keeps the team together, energetic and ready to win,” said Buck.

Henry hopes to play volleyball in college at NC State, Vanderbilt or Penn State, and she plans to major in graphic design.

“Kriss is our spirit; she’s our cheer-er, but she’s also a quiet leader,” said Coach Martin.

Photo courtesy of OpticsMedia, Slade Jakson



Being a student-athlete, Kristina Henry uses a lot of patience to manage her time between school and volleyball.

Cathey reigns as varsity field hockey goalie

by Cameron Blankenship,
Bellamy Foster and Leaha Restom

Being a goalie in any sport carries the weight of the game because she is the last line of defense.

As a freshman, Margaret Cathey, 9, takes on the responsibility of this position as a new addition to the varsity field hockey team.

Cathey wanted to play field hockey because her soccer coach suggested it and she thought it would be a good

Photo courtesy of Casey Crow



Cathey's teammates describe her as positive, encouraging and hard working.

idea to play.

"She did it in soccer, and she was the JV goalie," said Mrs. Casey Crow, JV field hockey coach. "She was the best one we had so we moved her up."

Cathey's soccer skills have transferred to field hockey.

"It's pretty much the same thing being the goalie on soccer," said Cathey.

Cathey's teammates support her by warming her up and cheering for her during penalties.

"They are always there if or when I need them to be," said Cathey.

Cathey is very positive on and off the field; she encourages teammates, like Arianna Wooldridge, 10, when they are feeling down.

"She's always positive, and she always works hard, and she doesn't give up," said Wooldridge.

"I look up to her positivity the most," said Kaelie Richey, 11. "We could be having a rough day, and she never fails

Photo courtesy of Casey Crow



Cathey was the JV girls' soccer goalie. She has since then used those skills as the varsity field hockey goalie.

to have a smile on her face."

Upperclassmen field hockey players have been impressed with the way Cathey has filled the goalie position this season.

"I think it is great because now she has four years to improve, and by senior year, she will be amazing," said Kayla Buffalow, 11.

Cathey enjoys being goalie because she likes the responsibility and ability to support her teammates.

"I try to fill the shoes that are left for me," said Cathey.

Keeler takes football to the next level

by Lamoni Jordan

After nearly 40 years of being overshadowed, CHHS football has found its place in the spotlight. Coach Justin Keeler, head varsity football coach and weight training teacher, is guiding the team into a new season that most will say they are "prepared" for.

"We've grown with the way we prepare and execute the little things," said Coach Amaris Dixon, JV and varsity football coach.

Coach Keeler has been coaching football for around 20 years, the last three of which he has spent at CHHS. A lot of his strategies are based on patterns in the NFL and college football.

"I watch a lot of NFL and college games in the off-season and study coordinators/ schemes that are similar to ours," said Coach Keeler.

According to Coach Brandon Greenwood, JV football head coach and

Photo courtesy of Justin Keeler



Coach Keeler is in his third year of coaching the Colonials varsity football team.

history teacher, the varsity football team has been working since last season. He considers the varsity team to have "matured significantly."

"Players have turned up their level of commitment and have become dedicated to becoming winners on the field and in the classroom," said Coach Greenwood.

Being a student-athlete requires taking responsibility

and dedicating himself both on and off the field. Many students struggle to balance their schoolwork and sports/activities, but not these boys.

"To see the improvement of some of these kids' GPAs is absolutely incredible," said Coach Greenwood.

As the season passes, strengths and weaknesses appear. Over time as the

team advances, the team will have more opportunities to overcome those challenges.

Coach Keeler describes their strengths as they care about improvement, they are coachable and they are good people, which is deeper than anything else. Their weakness is focusing on details that matter toward success in life; they have difficulty focusing from time to time.

The inspirational motto "CHase the Lion" has been around for as long as Coach Keeler has been at CHHS. According to Coach Keeler, the narrative behind the motto begins with, "Stop running away from things that frighten you and start rushing towards them." He encourages his team to face their fears and see frightening events as opportunities to demonstrate who they are.

"The story resonated with me because we were a program that had a lot of scary challenges," said Coach Keeler. "Seventeen years in a row of not having a winning season, smallest school in the district, play teams that are

state champions, etc."

Aside from coaching football, Coach Keeler enjoys golfing, spending time with his family and tasting new foods.

"When football season is over, I don't watch any football," said Coach Keeler. "I'm a foodie."

An unexpected strength to this year's team has been some freshmen, including Najarn Bostic. Bostic had a passion for football since he was a child just around five years old, when he began playing for The Canes.

"My mom just signed me up," said Bostic. "It was something I wanted to do."

Bostic was inspired to

Photo courtesy of Najarn Bostic



Bostic is the varsity wide receiver and punter.

follow his football dream by his uncle, Carlos Skyes, while he also looks up to Minnesota Vikings wide receiver Jordan Addison. Bostic also hopes to play in the NFL when he grows up.

Bostic plays wide receiver and has more than 141 yards as of Oct. 6. Bostic is also described by Coach Greenwood to be "an incredibly talented football player" who "understands the game well" despite being just a freshman.

"He has made the offense and return game even that much more explosive," said Coach Greenwood.

While Bostic is just a freshman, he has earned the respect of upperclassmen.

"He has a great attitude, and he's never bringing anybody down when someone does something wrong," said Qmar Mcleod, 12, defensive back and team co-captain. "He will get us yards when we need it."

Local venues offer family fun, frights for Halloween

by Abigail Dodson, Lance Gallahun and Kalyah Givens

Halloween, a time for fun, spooky activities with friends and family, is near. A time like this is perfect to go to a local event and have some chilling, good times with friends and family.

The *Colonial Courier* sent out a survey to all students and staff. The survey asked which local Halloween events they have attended.

Mrs. Taylor Puckett, history and yearbook teacher, loved her visit to a local haunted house at a fire station.

"They used to put on a big haunted house. That was my favorite part of it," said Mrs. Puckett. "They had volunteers with real chainsaws jump out at you."

She went to this in 2007 with some friends and said it was an "8/10 experience." She loves Halloween, in general, especially going trick-or-treating with her son.

Many Halloween events



have spooky attractions and jumpscares. Jumpscares keep the excitement and create unpredictable fun scares; sudden scares may give people different reactions.

Rhilee Cox, 10, visited Chesterfield Berry Farm with her friend to get face paint and had a scary experience in 2017.

"My friend was the tough one who punched the person who jumpscared her with her fast reflexes," said Cox.

Her experience was a 9/10, but if she went back, she would try to be more brave

with the jumpscares.

Jump scares aren't for everyone, however. Busch Gardens has a "No Boo Pass" for young people who aren't fans of sudden spooks. The "No Boo Pass" allows people who are easily frightened to not have anyone come out and give them a jumpscare.

Busch Gardens' Howl-O-Scream tickets are \$44.99. The gates open at 5 p.m., and the events start at 7 p.m., according to the official website.

Mr. David Flickinger, algebra and physics teacher, went to

Busch Gardens during the day and stayed for hours with his church group and daughter, Sylvia. He gave his experience an 8/10. He wished the "No Boo Pass" was cheaper, but he liked the rides and spooks.

Mr. Mathew Gelven, Latin teacher, also went to Howl-O-Scream with his daughter, Cassandera, in 2012, three days before Hurricane Sandy.

He gave the event a 10/10

experience and loved the tree ghost decorations. If he went back, he would ride the Haunted Ice Castle, which was closed early due to the hurricane.

King's Dominion also has their own local Halloween event, known as the Halloween Haunt. This spooky event remains open until October 29.

Ms. Nici Duncan went two years ago with her kids for rides and a fun spook. She

gave it an 8/10.

"I loved all the rides except the one that drops you," said Ms. Duncan.

She loves Halloween and being able to see kids' costumes. She would love to go back, but she would not ride the Drop Tower again.

Whether people are looking for some spooky family fun or a terror-filled night, they should be able to find an event in Central Virginia to make their Halloween fun.



Survey 'conjures' up favorite Halloween films

by Emily Chavez-Ponce

The spookiest time of the year that almost everyone has been waiting for is now here. The 31st of October is a day full of trick or treats for everyone. From dressing head to toe in a costume or sitting at home with a cup of hot chocolate watching a nice movie, anyone can enjoy this season.

Who wouldn't enjoy a nice Halloween movie, whether scary or family-friendly? Halloween movies are some of the best movies ever made. A ton of good movies have been inspired from this holiday, for example "Scream," "The Nightmare on Elm Street," "Friday the 13th," "Child's Play" and "Trick 'r Treat."

Some of these Halloween movies are even well known through every generation. These classics include "Hocus

Pocus," "The Addams Family," "Ghostbusters" and "Beetlejuice."

Movies just set in the whole vibe for the month; they are something that anyone can enjoy by themselves or with friends and family.

With all these movies comes favoritism of a certain movie. *Colonial Courier* staff surveyed both staff and students about their favorite family-friendly and scary Halloween movies.

"Hocus Pocus" won as the favorite family-friendly movie with 22.9 percent. In second place came "The Nightmare Before Christmas" with 21.6 percent.

Ms. Grace Hogan, English 9 teacher, picked "Hocus Pocus" because she has loved it since she was little.

"I love Halloween and all things spooky," said Ms. Hogan

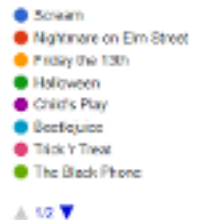
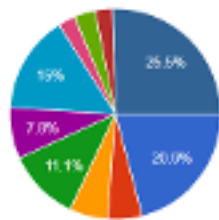
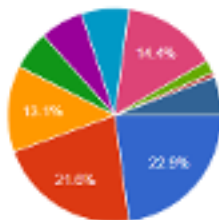
Meanwhile, Racher Walker, 10, picked "The Nightmare before Christmas" because it was "cute and different."

For scary movies "The Conjuring" won first place with 25.5 percent. In second place came "Scream" with 20.9 percent.

Lauren Wright, 12, picked "The Conjuring" because it has been a series she's been watching with her family and friends since she was young all the way to today. Wright prefers "The Conjuring" because she finds it more entertaining than other movies.

In contrast to Wright, Skyla Merriman, 9, picked "Scream" because she is always in for suspense and thrill.

"I picked 'Scream' because I've been really into that series recently and it's very suspenseful," said Merriman.



"I also like how it leaves me thinking about who could be behind me in a mask."

On the other hand, Mr. Tracy Boyd, Biology 2 and Scientific Research and Design teacher, picked "Halloween."

"Michael Myers is one of the scariest villains of all time," said Mr. Boyd. "That movie

still gives me the creeps. The expressionless mask says so much, even when he doesn't say anything."

Mr. Boyd saw the original "Friday the 13th" on the big screen when it first opened.

"This was before all the different media of today, so we really weren't prepared for it," said Mr. Boyd. "The movie

'Halloween' was similar. Both movies scared the bejeebers out of me."

The overall favorite Halloween movie according to the survey is "The Conjuring," in second place is "Hocus Pocus" and in third place is "The Nightmare Before Christmas."

Illustration by Ethan Greenwald



Taylor Swift makes impact on society, economy

by Ava Kwiek



Everything she touches – music, concerts, movies and even the NFL – turns to gold.

For a little over a decade, Taylor Swift has consistently had an impact on society. From rerecording an album that is releasing soon, affecting social media, to being seen at Kansas City Chiefs' football games and boosting the economy, Swift's effects on the world have become bigger than ever.

One of Swift's upcoming impacts is her new album, "1989 (Taylor's Version)," which is a rerecording of the original album that was released on Oct. 27, 2014. The rerecording is set to be released the same day this year. This album is going to

be her second in 2023, following "Speak Now (Taylor's Version)," which was released in early July.

Swift said that she is rerecording her old albums so that she can own the master rights of all of the music she creates moving forward.

After having announced the official release of her latest album, the attention of Swift's fans on social media spiked positively. News spread fast and the love for the original was renewed.

Fans on social media are essentially the base of a singer's career, but when those fans see the celebrity somewhere other than a concert, a wildfire of rumors spreads once again. For example, Swift has recently been seen at Kansas City Chiefs' games, and ever since then, assumptions of her dating the Chiefs' tight end Travis Kelce have arisen quickly.

Swift showing up to the Chiefs' games boosted the

economy. According to nfl.com, sales for Kelce's jersey spiked after Swift's first game appearance, skyrocketing by at least 400 percent, showing how her mere presence at events has her fans clicking "Add to Cart."

Now Swift is also making an impact on the movie industry. According to Axios.com, during its opening weekend, the concert film of The Eras Tour made about \$95 million to \$97 million in the U.S. and Canada.

Swift has sold about \$600 million in gross concert ticket sales and an estimated amount of 114 million album units worldwide. The hysteria surrounding her Eras Tour and the ticket sales for it have had such an impact on the world and will continue to do



Opinion: Cell phones cause anxiety

by Gavin Jarvis

According to healthline.com, experts say the barrage of text alerts and our constant social media engagement on our smartphones can take a mental and emotional toll on us.

Anxiety is a common and recurring issue that is present in many high school students. An easy factor to blame is the stress that comes with school work and extracurricular activities; however, there is another anxiety-inducing factor in a high school student's day that they fail to recognize: the cellphone.

Cell phones have become an essential part of life in teenagers. They can't go five minutes without checking their phones to see if a text message has flashed across the screen, but what does this have to do with anxiety?

Text messages play a crucial role in the anxiety epidemic among high school teens. It's easy to pick up a phone after being so accustomed to it and

send a text to whoever we please. Although some texts are fun to receive, other texts may be full of negativity.

Bad news and angry or depressing emotions can be relayed through messages, as well. Those emotions can affect us during the school day.

Let's face it: school can be challenging, and it can be stressful. When students are presented with angry text messages or depressing ones, the emotions we extract from the messages affect the school day. Students get demotivated to do work or listen, and they may get angry and lash out at teachers and students, causing fights.

Sometimes it's hard to contain these feelings, but the feelings would've never been there if students could just go a few hours without their phones.

Text messages are one factor of anxiety, but the bigger picture is social media, an anxiety-filled dump.

Social media consists of

digital interaction between countless numbers of people, but what it also contains is cyberbullying. Unfortunately, cyberbullying affects many students every day.

Students are definitely vulnerable to cyberbullying, and being cyber bullied during school hours is going to create a huge amount of anxiety. What's an easy solution for this? Students must put their phone down. If they can't, then there are resources available at school.

"If kids could put their phones away during the day, I think we'd see a lot less anxiety and fighting," said Mrs. Darby Wheeler, counselor.

School counselors are available at school to listen to students and walk them through their emotions. They care about students and are fully capable of dealing with anxiety and anger.

"You really, really can benefit from having someone to talk to, you know," said Mrs. Tara Seely, counselor.

“Keeping all of their feelings inside just makes them build up.”

It’s better to go to someone

instead of trying to work through the emotions on your own if you cannot handle it.

Everyone, especially high school students, need to take care of themselves mentally and physically. Limiting cell

"How does your phone cause you stress during the school day?"



Officer Moody: During the day, if the phone keeps going off, keeps ringing or, people calling, distracting me from your daily job/duties.



Kevin Jiang, 12: I stress because my battery life goes down so fast.



Rylei Buck, 12: Sometimes when I'm texting friends or family members, I'll find out news that distracts me for the rest of the day.

Opinion: Fast-fashion clothing is more sinister, harmful than it first appears

by Ethan Greenwald

With the evolution of the internet comes new ways to shop, and with new ways to shop comes new ways for companies to make money. Fast-fashion sites may first appear just as an affordable way to buy clothes, but in reality, companies like Shein, H&M, Urban Outfitters, Forever 21 and many others are harmful to the environment and constantly crossing ethical boundaries.

Fast-fashion companies are defined as those that offer trendy, quickly made and mass produced clothing items at cheap prices. Oftentimes, the products made by these companies are made with cheap materials, which is how they can be sold at such low prices. You've probably heard of or even shopped some of these brands without even realizing they're fast fashion, but, really, how harmful are these companies?

Many companies, including fast-fashion ones, create their



products outside of the United States and other countries with proper labor protections.

Large corporations frequently target developing nations and exploit their cheap labor within them. One example is the Swedish-based company H&M that has been accused of using sweatshops in Myanmar. According to the Indian Express, H&M decided to end operations in that country after the increased amount of pressure being placed upon the company.

Fast-fashion companies have also been accused of wage theft, reducing their workers' pay in order to make

a larger profit.

"We have found that 80 percent of the contractors were violating minimum wage and overtime laws," said the Department of Labor (DOL).

Along with low pay, workers are put in harm's way constantly by the hazardous conditions within the factories. These treacherous conditions within factories also lead to irresponsibility with the environment and disposing of waste.

According to the UN Environment Programme (UNEP), the fast-fashion industry is responsible for nearly 10 percent of all



SHEIN

Carbon Emissions; furthermore, these companies will exploit natural resources for their products. Many of the products these companies produce will all end up in the trash.

“The equivalent of one garbage truck full of clothes is burned or dumped in a landfill every second,” said the UNEP.

Since clothes are made of textiles, when they sit in landfills the decomposing textiles release methane gas into the atmosphere. Throwing away our clothes is upon the consumer, but because many fast-fashion products are cheaply made, it

means that they’re more likely to be thrown away.

Fast-fashion brands have been exploiting not only workers, but also other creators. According to NPR.org, the Chinese-based, fast-fashion brand Shein has come under fire recently due to a host of claims from smaller, independent creators for stealing designs and selling them on their site. Now, Shein is under a lawsuit by several independent creators in violation of the Racketeer Influenced and Corrupt Organizations Act (RICO); furthermore, two other fast-fashion companies, Temu and H&M, have both

sued Shein separately.

Shein isn’t the only fast-fashion brand to allegedly steal designs as ASOS and Zara have both been accused of stealing from other fast-fashion brands and smaller creators, as well.

Legislation has been passed in the U.S. and the European Union that attempt to regulate some of these fast-fashion companies. According to Berkeley.edu, the Fashioning Accountability and Building Real Institutional Change Act (FABRIC), a law intended to improve the labor conditions of garment workers, has been passed throughout the Atlantic in the U.S.; however, these companies continue to violate laws and regulations, and they likely will never stop doing so.

Consuming from these companies only supports them, so in order to ensure you’re not doing so, you should watch what you buy, who you’re buying from and the quality of your clothes.

Opinion: Which is better? AP or DE classes?

by Logan Buck

Throughout the course of its history, CHHS has implemented and retired many classes and programs. This school year, CHHS has made many new additions to course options that allow students to earn over 20 college credits.

These new additions are advanced placement and dual enrollment classes. Local colleges sponsor AP and DE classes, which allow students to earn college credits.

Earning college credits in high school is extremely important to students who want to attend college in the future. By taking these classes, students may be able to graduate early from college and save thousands of dollars depending on the college. Most in-state colleges will accept the credits.

Ultimately, the college will determine how many credits that class is worth. Public state colleges guarantee at least one credit.

Unfortunately, simply

enrolling in an AP or DE class is not enough to earn the credit. Each course has specific requirements to gain the credit.

AP classes require students to take the AP exam to earn the credit. While the exam is not necessary to pass the class, it is required to earn the college credit.

The cost to take the exam can range anywhere from \$98 to \$128. According to PrepScholar, only 60 percent of test takers pass the exam.

Due to the cost and rigor of the exam, AP classes can be risky because the credit is not guaranteed.

Contrastingly, DE classes only require students to get a

certain grade in the class to acquire the credit, so as long as they get the grade needed by the end of the semester, they automatically gain a credit at no cost.

When a student signs up for their classes, it is important for them to note the difference in weighting between AP and DE classes. DE classes offer a 4.5 weighted GPA for a regular A, while AP offers 5.0 for a regular A. This difference in weight showcases the difference in rigor, as well.

Also, AP classes do not have any daily/homework grades. While it may sound nice to most students at first, it can actually harm students who aren't good test takers.

Information courtesy of Ms. Kristin Crowder

Dual Enrollment Offered 2023-24	Spanish	Statistics
	American Hist	Music
	Western Civ	Appreciation
	Psychology	College Comp
	Public Speaking	Finance/econ (summer)
	Teachers for Tomorrow	Fitness/Well/CT
	Childcare	

AP classes rely only on quizzes and tests, which weigh 40 and 60 percent, respectively. If students don't do very well on their tests and quizzes, there's no daily or homework average to boost their grades.

DE classes, however, still have the homework and classwork grades to help students who tend to struggle while taking tests.

Ms. Kristin Crowder, gifted resource coordinator, does her best to work with students to give them a schedule that suits their academic abilities in order to maximize the pros and minimize the cons of each

class. She feels positively about these courses as they teach students more than what is on the curriculum.

"The higher-level classes help by challenging the students, teaching them how to study and prepare for more challenging classes," said Ms. Crowder. "Also, they help them to get out of their comfort zone and understand that it's okay to not always get a perfect score."

The additional benefits of AP and DE don't stop at personal growth; they also strengthen a student's college applications.

Colleges typically favor

students who take rigorous classes, so a student with all As may be overlooked for a student with a couple of Bs if the student with a B has taken more rigorous classes.

All in all, students often take for granted the benefits of taking these courses because they are afraid they will fail. Ms. Crowder believes in her students and encourages them to persevere.

"I know that you can do it if you stick to it," said Ms. Crowder. "It's worth it to give yourself that little push."

Information courtesy of Ms. Kristin Crowder

	English Lit	Env. Sci (not offered 23-24)	Gov't
	US History	Psychology(not offered 23-24)	Comp. Sci A
	Biology	Chemistry(not offered 23-24)	Calculus
	Spanish V	Computer Science Principles	

AP classes are challenging, college-level classes that give students a chance to acquire college credits if they pass the AP exam. These credits can give students a head-start on their freshman year of college.

CHHS PINK-OUT DAY



Breast Cancer Awareness Month

